

Transregional Network for Innovation and Technology Transfer to Improve Health Care
Rete transregionale per l'innovazione ed il trasferimento tecnologico per il miglioramento della sanità
Transregionalno omrežje za inovacijo in prenos tehnološkega znanja za izboljšanje zdravstva

www.trans2care.eu

PRESS RELEASE

Trieste, 5th September 2012

Trans2Care trans-regional network at TriesteNext 2012: two approaches to achieve the highest social utility from the researchers' work.

- **Conference "HEALTHY AGEING: WHICH DIET?"**, public presentation based on scientific results of the link between well-being and diet
- **Attending the "FOOD&NUTRITION: TECHNOLOGY DATING" e "NORDEST TECHNOLOGY TRANSFER" a report of the Trans2Care researchers' scientific, technological and creative resources to industries.**

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Trans2Care (www.trans2care.eu) is a strategic project funded by the Cross-border Cooperation Programme European Italy-Slovenia 2007-2013 (<http://www.ita-slo.eu/>). Heart of Trans2care is a group of 13 Italian and Slovenian partners (Universities, Research centres, Hospitals and a Technological transfer agency). It is coordinated by the University of Trieste (Lead partner), Departement of Life Sciences, with prof. Sabina Passamonti as Team leader.

Trans2Care is the acronym of Transregional Network for Innovation and Technology Transfer to Improve Health Care. All 13 partners work on establishing a steady network of collaborations alongside with staff mobility, sharing of technological and scientific expertise and skills. Characteristic of the network collaboration is the inter-disciplinarity, intuition fastness and complexity of duty distribution. In particular, the strong professionalism and sense of liability of the 14 young researchers employed by Trans2Care on the 13 partners.

Aim of Trans2Care is to give an innovative contribution to risk-aware campaign about common disorders, early diagnosis and suggest possible therapies for aging-related diseases. Considering the augmented incidence of chronic diseases, longevity has a strong economical, social and personal impact. Therefore, continuous improvement of fight-against chronic disease technics is needed.

This includes two possible techniques: soft and hard. The first one is about scientific dissemination and involvement of people. The purpose is to explain scientifically and in simple fashion how unhealthy diet is a strong risk factor in common chronic diseases like cardiovascular and neurodegenerative ones, diabetes and cancer. These are all consequences of obesity. Working on eating habits helps avoiding health problems. The second one is about the



PROJECT PARTNERS

Partners: LP - Università degli Studi di Trieste, PP1 - Kemijski Inštitut Ljubljana, PP1 - Kemijski Inštitut Ljubljana, PP2 - Scuola Internazionale Superiore di Studi Avanzati, PP3 - Univerza v Novi Gorici, PP4 - Università di Ferrara, PP5 - Treviso Tecnologia, PP6 - Splošna Bolnišnica Dr. Franca Derganca, PP7 - Università Ca' Foscari di Venezia, PP8 - Università di Udine, PP9 - IRCCS Burlo Garofalo, PP10 - Zavod Republike Slovenije Za Transfuzijsko Medicino, PP11 - Ortopedska Bolnišnica Valdoltra, PP12 - Univerza na Primorskem - Fakulteta za Vede o Zdravju.

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www.trans2care.eu development of highly specialised biomedical technics. These are very useful at developing new products and services for public health.

Trans2Care attends TriesteNext with the conference "Healty Ageing: Which Diet?"

(<http://www.triestenext.it/dettaglio/p/index/contenuto/evento/id/203/t/longevit-in-salute-qual-e-dieta/>)

which is an example of soft technique designed by the Trans2Care researchers. It shows a valuable scientific knowledge very helpful to choose a healthy lifestyle.

In this congress, Trans2Care has started collaborations with LILT (Figh-against tumor Italian Association <http://www.legatumoritrieste.it/>) and the local public health ASS1 (<http://www.ass1.sanita.fvg.it/>). These two partners will establish a link between research and the overall population to encourage healthy ageing lifestyles.

Furthermore, Trans2Care is attending two more events about technology transfer. In "Food&Nutrition: technology dating", the network presents itself to the interested industrial stakeholders.

In "Nordest technology Transfer", Trans2Care researchers are showing their technological and biomedical R&D projects.

In TriesteNext, Trans2Care provides an implement on the European policies of the Cross-border cooperation Programme Italy-Slovenia 2007-2013 achieving several specific goals:

- Workpackage 4: training and cross-border mobility of the researchers;;
- Workpackage 6: technology transfer:
- Workpackage 7: enlarging and consolidating the network (new cooperation with ASS1 e LILT);
- Workpackage 8: communication plan.

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